

Breakfast

(served from 7-3)

OMELETS & BENEDICTS

substitute side of fruit + 1.50

✿ EGG WHITE OMELET 11

oven roasted tomato, spinach, swiss cheese, fresh basil, grits

WILD MUSHROOM OMELET 12

wild mushrooms, spinach & emmenthaler cheese, grits

CHORIZO & CHEDDAR FRITTATA 12

potatoes, arugula, heirloom tomato pico de gallo, crème fraîche, grits

LOWCOUNTRY BENEDICT 13

crispy fried oysters, two poached eggs, wilted spinach, tasso ham gravy, breakfast potatoes

SHRIMP & GRIT BENEDICT 14

smoked gouda grit cakes, shrimp, two poached eggs, tasso ham gravy, breakfast potatoes

FRENCH ONION BENEDICT 15

two poached eggs, grilled sirloin, caramelized onions, texas toast, hollandaise, breakfast potatoes

SWEET BREADS

✿ SWEET POTATO PANCAKES HALF 5 | WHOLE 9

candied pecans, cinnamon butter

PRALINE FRENCH TOAST 11

pralines, bourbon cream, powdered sugar

SOUTHERN TOUR

✿ ELI'S BREAKFAST 11

two eggs any style, choice of bacon or sausage, grits or breakfast potatoes, biscuit

HOLY CITY CROQUE MADAME 13

french style grilled ham and swiss, béchamel sauce, topped with two over easy eggs

CHARLESTON RED RICE BREAKFAST HASH 14

two over-easy eggs, "red rice risotto" with smoked sausage, arugula, crème fraiche

SMOKED SALMON TARTINE 14

housemade flatbread, truffled goat cheese, cornichons, red onion, sunny side egg, arugula

STEAK & EGGS 15

espresso rubbed grilled sirloin, two over-easy eggs, breakfast potatoes

CRAB & EGGS 15

southern fried crab cakes, 2 poached eggs, remoulade, arugula, breakfast potatoes

LIGHT FARE

YOGURT PARFAIT 7

greek yogurt, pears, granola, agave syrup

✿ BEIGNETS 6

berry coulis, powdered sugar

EXTRAS

TWO EGGS 3

SOURDOUGH TOAST 2

HOMEMADE BISCUIT 3

TASSO GRAVY 3

BREAKFAST POTATOES 3

STONE GROUND GOUDA GRITS 4

ENGLISH MUFFIN 3

SIDE OF FRUIT 4

CHERRY SMOKED BACON 4

FENNEL SAUSAGE PATTY 4

TRADITIONAL PANCAKES 7

LIBATIONS

COFFEE, ESPRESSO, HOT TEA, SPRING WATER, SPARKLING WATER, ASSORTED JUICES, ICED TEA, MILK, SODA

✿ Eli's Table Signature dish

*Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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